



Proud to be part of

**Family Hub  
Network**  
Buckinghamshire

# Talking Teens

## Parenting programme

Talking Teens is a programme for parents and carers of teenagers. It focuses on:

- relationships within the family
- communication
- negotiating
- decision-making
- strategies to reduce conflict

1 day in-person or 5 week virtual online courses are available.

Places must be booked in advance. For more information and to register **scan or press the QR code**.



**Starts  
January  
2025**



Beaconsfield  
**Thursday 13 February**  
10am to 4pm



Aylesbury  
**Friday 7 March**  
10am to 4pm



High Wycombe  
**Wednesday 30 April**  
10am to 4pm



Thursdays  
Tuesdays

**16 January to 13 February**  
**4 March to 1 April**

6pm to 8pm  
6pm to 8pm

For more information please visit  
[familyinfo.buckinghamshire.gov.uk/familysupport](https://familyinfo.buckinghamshire.gov.uk/familysupport)



**SCAN  
ME** 